



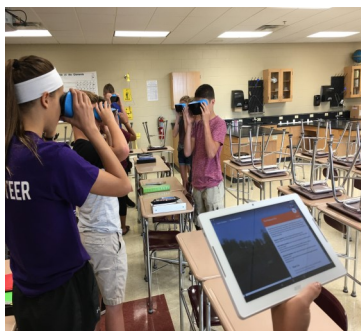
Library Happenings

Our new Library Media Specialist, Kevin Schmitz, is off to an exciting and busy start this school year. He began the year doing Book Talks with many English classes in the library, including all Freshmen English and Language Arts classes. Students chose a novel after hearing about many exciting choices of new fiction books.



GOOGLE EXPEDITIONS

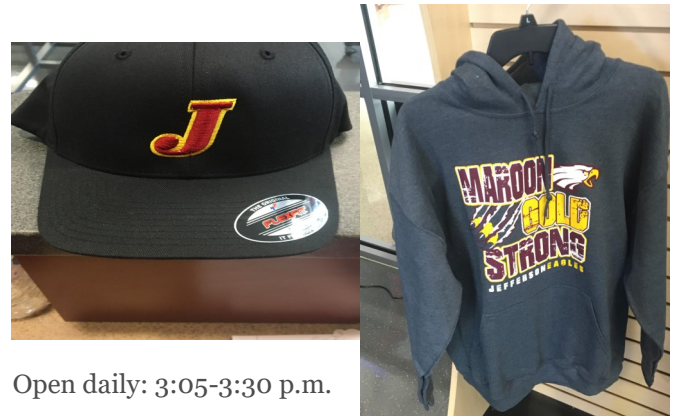
Next Mr. Schmitz along with our Tech Integrators, Sophia Salani and Amanda Price, made a visit to Taylor Hooker's Biology classes to try our new Google Expeditions Kit - virtual reality



goggles that students used to explore 360 degree images of Earth's Timeline. Over 500 virtual field trips are available, and many more teachers are signing up to give their students this unique experience.

Eagles' Nest

The Eagles' Nest is
Open for Business!!



Open daily: 3:05-3:30 p.m.

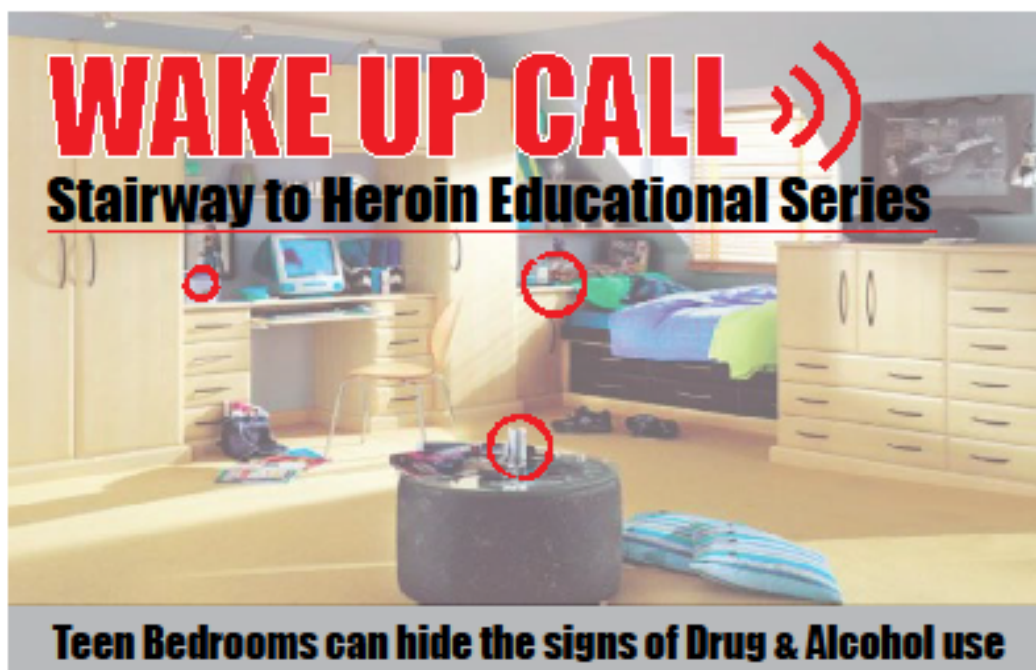
Contact us at eaglesnest@sdoj.org
Like us on FB [@Jeffersoneaglesnest](https://www.facebook.com/Jeffersoneaglesnest)
Watch our FB page for special events!
We accept all major credit cards and we now offer snacks.

In this issue:

- ⇒ Stairway to Heroin Educational Series Information
- ⇒ Counseling News
- ⇒ ACT Engage
- ⇒ Developmental School Counseling Program
- ⇒ Graduation cap/gown information
- ⇒ AFS Student Welcome
- ⇒ Google Expeditions
- ⇒ Backpack News
- ⇒ School calendars



Presents:



Wake-Up Call is a life-size exhibit of a teen's bedroom with more than 20 "red flags" that can signal drug or alcohol use. The bedroom identifies spots where teens may hide drugs, household items that can be used as drug paraphernalia and ways teens try to cover up drug and alcohol use. Our goal is to educate parents and other adults who are influential in the lives of youth so they know what seemingly innocent items can actually be an indication of substance abuse.

The **Wake Up Call** presentation will take place:
Thursday, November 2, 2017
6:00-6:30 PM Resource Fair

6:30-8:00 PM Wake Up Call tour presented by
Your Choice team members

8:00-8:30 PM City of Jefferson Police
Department along with the Jefferson Co.
Drug Task Force and a special presentation
by People Against Domestic and
Sexual Abuse In Jefferson County

Jefferson High School
700 W. Milwaukee Street
Jefferson, WI 53549

Please register for this FREE event at
<https://wakeupcalljefferson.eventbrite.com>

For questions about this event, please contact
Dani Robb at (920) 675-1133, robdd@sdoj.org
or Sandi Lybert at (262) 367-9901

This presentation is for adults only (21 years of age and over)

Sponsored By:



Fort HealthCare



Corporate Sponsorship of
Your Choice events provided by:

Counseling News

Parent Resources:

Check out these websites focused on helping your student succeed in high school!

- <http://ectutoring.com/resources/articles/executive-functions-important>
- <http://www.cnn.com/2015/10/04/health/being13-social-media-teens-parents-stress/index.html>
- <http://www.drpaul.com/adolescent/highschool.php>

JUNIORS!

The PSAT is scheduled for October 11!

Juniors interested in taking the PSAT/National Merit Scholarship Qualifying Test should register via their homeroom teacher or in the Counseling Office no later than October 6th.

Current juniors in the upper 20% in class rank are encouraged to consider the PSAT.

For more information on the PSAT/NMSQT test, please see your counselor or visit <https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10>

College and Career Websites for October

UW HELP

<http://uwhelp.wisconsin.edu/> - This is the website for all things UW! Check out freshmen admission requirements, college visits dates, scholarships, majors, and much more!

Wisconsin Careers Pathways

www.wicareerpathways.org - Do you recall seeing the Career Pathways in our course selection book each year? This website will help you navigate the 16 major career clusters and provide you with additional information to create a personalized plan of study! Fun stuff.

Changing Courses in the Senior Year: What This Means for Your College Admission

<https://uwhelp.wisconsin.edu/counselors/blog/changing-courses-senior-year/#more-4002>

Free Application for Federal Student Aid (FAFSA) - AVAILABLE OCTOBER 1

<https://fafsa.ed.gov/>

Steps2College

<http://www.steps2college.org/>
[steps2college ACT student tweet](#)

Youth Options

Wisconsin's Youth Options program allows juniors and seniors who meet certain requirements to take post-secondary courses at a UW institution, a Wisconsin technical college or one of the state's participating private nonprofit institutions of higher education. Approved courses can count toward high school graduation, as well as for college credit. Under Youth Options a student will not have to pay for a college course if the school board determines the course qualifies for high school credit and is not comparable to a course already offered in the school district. If the course is approved by the school board, the student can receive one-quarter high school credit for every one college credit earned upon successful completion of the course. A student who successfully completes his or her high school graduation requirements will earn a high school diploma regardless of whether the requirements were met while attending the high school or a college. To obtain the necessary forms or to discuss the possibility of participating in the Youth Options program, contact the Jefferson High School Counseling office. **Applications for enrollment in the Youth Options program must be made by October 1st for the spring semester.**

The request will be presented to the School Board and the student will receive notification of the board's decision.—

Wisconsin DPI Youth Options Brochure



Wisconsin Students Go 2 College

As part of the American College Application Campaign, Jefferson High School has been selected to participate in the Wisconsin Students Go 2 College campaign event this year! The goal for the campaign is to increase the number of students applying to post-secondary 4-year educational institutions by hosting an event at each participating local high school. Mark your calendars for October 20, 2017! Seniors will be able to apply for Wisconsin colleges and universities with the assistance of admission representatives. If you have questions regarding the WSG2C Campaign, please contact Shannon Mooney at mooneys@sdj.org. More information will be available soon!



ACT deadlines

The December 9th ACT has a November 3rd sign up date. If you are willing to pay extra, the October 28th ACT has a late registration deadline of October 6th. Jefferson High School has teamed up with Method Test Prep to prepare students for the ACT. This free resource walks students through a 20 week progression for the test or students could take multiple full ACT tests! The following link will walk students through the registration process. [Method Test Prep](#)

Class of 2018 Google Calendar

Please be sure to [click here](#) to get the Senior Class Google Calendar. This calendar will be updated throughout the year with events and deadlines pertaining just for you!

Class of 2019 Google Calendar

Please be sure to [click here](#) to get the Junior Class Google Calendar. This calendar will be updated throughout the year with events and deadlines pertaining just for you!

Forward Results

ATTENTION PARENTS OF 11th GRADE STUDENTS

The Spring 2016-17 Forward test results were mailed home mid-September. If you did not receive your student's test results, please contact Mrs. Dwyer at 920.675.1125.

ACT Aspire Results

ATTENTION PARENTS OF 10th AND 11th GRADE STUDENTS

The Spring 2016-17 ACT Aspire test results were mailed home on September 29, 2017. Please check your mail for these important documents.

ACT Engage

ACT ENGAGE for Freshmen

ACT Engage® is a 30 minute online assessment designed to measure behaviors and student attributes that often go unassessed in regards to school success. ACT has designed this tool to help educators focus on areas of concern in an effort to increase college and career readiness skills in all students.

ACT Engage provides important information about a student's motivation, social engagement, and self-regulation. It will also help to:

- **Identify** students with personal challenges that go unreported in standardized academic tests
- **Improve** graduation rates and directly reach students whose personal challenges may hinder academic success
- **Evaluate** a student's self-reported psychosocial attributes
- **Define** a student's levels of academic risk
- **Use** suggested interventions to help students improve academic achievement

Jefferson High School plans to use the ACT Engage assessment in conjunction with the Wisconsin Developmental School Counseling Model for freshmen transition and individual conferencing. Results of the assessment will not only allow for school-wide recommendations, but also for individual interventions, if necessary.

All freshmen will be taking the ACT Engage on October 16, 2017 during their home-room. If parents do not want their student to participate, they are asked to contact JHS Principal, Steve Dinkel at dinkels@sdoj.org to opt out.

For more information on ACT Engage, please www.act.org

Video on ACT Engage:

<http://www.act.org/content/act/en/products-and-services/act-engage.html>

Developmental School Counseling Program

OCTOBER TOPICS

FRESHMEN

- Academic and Career Planning Conferencing
- Learning Styles for Success
- ACT Engage Survey
- Relationship Building
- Career Cruising - Matchmaker

SOPHOMORES

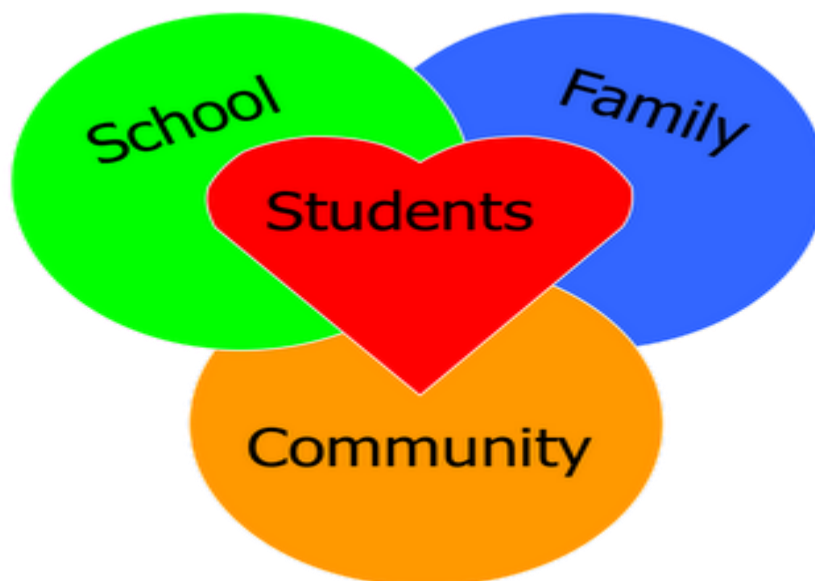
- Journey to College
- UW-HELP Overview
- Introduction to the UW-System
- Learning Styles for Success
- Introduction to the Technical Colleges
- Relationship Building
- Introduction to the Wisconsin Private Colleges

JUNIORS

- Journey to College
- UW-HELP Overview
- Introduction to the UW-System
- PSAT/National Merit Qualifying Scholarship
- Career Cruising- Matchmaker
- Relationship Building
- Introduction to the Wisconsin Private Colleges

SENIORS

- Post- Academic and Career Planning Conference Reviews
- National Career Readiness Certificates
- Journey to Financial Aid
- *Wisconsin Students Go 2 College Event*
- Relationship Building
- TIP Grant
- College Goal Wisconsin



Class of 2018



To All Prospective 2018 Jefferson High School Graduation Participants

Welcome to your final year with the School District of Jefferson! It is our hope that you have received an invaluable education which prepares you to achieve your dreams. At the end of this school year, the community and your families come together to celebrate your achievements through high school graduation. While this may seem to be in the distant future, your senior year slips by quicker than all of the others and so we need to begin preparing now.

Any eligible student participating in Jefferson High School graduation must have an appropriate cap and gown. The class officers have selected the traditional maroon for boys and white for girls. In addition to caps and gowns, some students may also wish to order announcements, invitations, and assorted senior material. For that reason, our Jostens representative, Chad Kilton, will be meeting with you during IE time (2:30 p.m. to 3:05 p.m.) on Thursday November 2, 2017. He will go over the process for ordering these materials, as well as how to fit graduation gowns, and you will be providing him with your name information for the diplomas themselves. **All** prospective graduates, including alternative education, co-op, and flex time students, are to be in attendance for this meeting to ensure proper ordering.

Orders will be collected in the high school commons during the lunch periods on November 9. Any student who needs to order and is unable to order at this time should drop off his or her order in the office prior to November 9th. A down payment is expected with the order and full payment must be made before graduation material will be dispersed (usually at the end of March).

Let us know if you have questions or concerns. The senior class advisor is Dean Buchholz. There is a link to graduation/senior class information on the high school web page under the student life category.

JHS WELCOMES AFS EXCHANGE STUDENTS

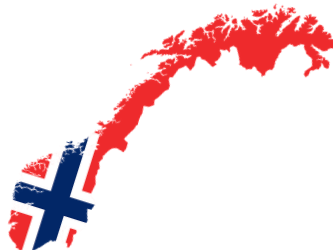
For a ten-month period, these three young ladies are given the chance to experience the life of an "American High School Student".

They will live with an American host family, attend high school, participate in sports and all the activities of an average American high school student living in small-town U.S.A.

Please contact Georganne Schacht at Jefferson High School to learn more about [Hosting an AFS Exchange Student or the AFS Study Abroad Programs.](#)



Veronica from Italy, Ragnild from Norway and Julie from France (pictured left to right)



BACKPACK News



Fort HealthCare Frosty Rock



The Frosty Rock Challenge is a great way to spend time outside exercising! The 2017 race will be the 5th annual, and will be a large community celebration with a **1 mile Kid's Run** for **\$5**, family activities, and vendor fair. Mark your calendars for November 11th in Fort Atkinson!

www.forthhealthcare.com/frostyrock

Staying Active with changing seasons

Going from Summer to Fall can be a little bittersweet—school is back in session, the days are getting shorter, and the temperature is getting lower. It's still important to be active, and to exercise at least 60 minutes a day, and with Fall, there's lots of different opportunities that are fun! Here are some great Fall-ways you can exercise:

- Raking leaves & Jumping in the pile
- Visit a corn maze
- Hiking
- Rock hunting
- Going to a pumpkin patch
- Sports (football, soccer, biking, running)
- Games (tag, hide-and-go-seek)
- Join a Fitness Class

Trick or Treat Safety

Boo! October 31st means ghouls and goblins will be out and about looking for loot and candy. These tips and 'tricks' will help keep you safe:

- Always use crosswalks
- Walk on sidewalks or paths
- Carry a flashlight for visibility
- Wear costumes that are fitted to avoid tripping
- Keep your cell phone at home—less distractions
- Use face paint instead of a mask for easier seeing

PUMPKIN

Pumpkin is a tasty and healthy treat that can be used in many recipes—and for Fall decorating!

Add pumpkin puree to your pancakes, waffles or oatmeal for a sweet breakfast treat, or add pumpkin to soups or salads for a different twist on lunch.

If all else fails, pumpkin seeds are easy to make, tasty and nutritious!

NEWS Family Fitness Fun

Join Fort HealthCare instructors for a new family-friendly, 4-week class geared towards all ages. Each 45 minute exercise class will be different each week and will offer a drop-in option too! Dates are Tuesdays 10/7-10/31 & 11/7-11/28.

Visit forthehealthcare.com/classes for more details!



Noticias de **MOCHILA**

Manteniéndose activo con el cambio de estación

El ir de verano a otoño puede ser un poco agri dulce - la escuela ya empezó, los días se vuelven mas cortos, y la temperatura esta bajando. El mantenerse activo sigue siendo importante, al igual que ejercitarse al menos 60 minutos al día, y con el otoño, hay muchas oportunidades diferentes ¡que son divertidas! Estas son algunas de las maneras de otoño en las que se pueden ejercitar:

- Barrer hojas y salta en la pila
- Visitar laberintos de maíz
- Caminatas
- Ir a un campo de calabazas
- Deportes (futbol, soccer, ciclismo, correr)
- Juegos (atrapadas, escondidillas)
- Unirse a una clase de gimnasio

Entrenamiento y Diversión en Familia

Únase a los instructores de Fort HealthCare en una nueva clase de 4 semanas, para toda la familia, enfocada a todas las edades. Cada clase de ejercicio de 45 minutos será diferente cada semana y ofrecerá la opción de llegada flexible!

Las fechas son Martes Oct/7-Oct/31 y Nov/7-Nov/28.
Visita forthehealthcare.com/classes para mas detalles



Fort HealthCare Frosty Rock



¡ El reto de Frosty Rock es una buena forma de pasar tiempo afuera ejercitándose! La carrera del 2017 será la 5ta anual, y será una celebración grande de la comunidad con una **Carrera de los Niños de 1 milla por \$5**, actividades familiares, y feria de vendedores. ¡Marque su calendario para el 11 de Noviembre en Fort Atkinson!

www.forthehealthcare.com/frostyrocks

Seguridad durante dulce o travesura

¡ Buu! El 31 de Octubre significa que los fantasmas y los duendes saldrán a buscar tesoros y caramelos. Estos consejos y "trucos" los mantendrán a salvo:

- Siempre usen el paso de peatones
- Caminen en las sendas o las aceras
- Lleven una lámpara para visibilidad
- Usen disfraces de talla correcta para que no se tropiecen
- Dejen su celular en casa — menos distracciones
- Usen maquillaje facial en lugar de mascarar para ver mejor.

Calabaza

La calabaza es un delicioso y saludable bocadillo que puede ser utilizado en muchas recetas — ¡y para decorar en el Otoño!

Agregue puré de calabaza a sus waffles, panqueques, o avena para un delicioso bocadillo de desayuno, o agregue calabaza a sopas y ensaladas para un variación diferente en su almuerzo.

¡ Si todo lo demás falla, las semillas de la calabaza son fáciles de hacer, deliciosas y nutritivas!



JHS Calendar

OCT	EVENT
2	Golf: Girls Varsity WIAA Sectional
	Tennis: Girls Varsity WIAA Subsectionals
	Football: JV 1 & JV 2 Game
	Soccer: Boys Varsity Match
3	Volleyball: Varsity Match
4	Tennis: Girls Varsity WIAA Sectional
5	Josten's Ring Order during lunch
	Swimming: Girls Varsity Meet
	Volleyball: Varsity Match
6	Football: Varsity Game
9	1st Quarter Progress Reports Due
9-10	Golf: Girls Varsity WIAA State Meet
9	Football: JV 1 & JV 2 Game
9-10	Soccer: Boys Varsity Rock Valley Conference Meet
10	Volleyball: Varsity Match
	Swimming: Girls Varsity Meet
11	11th Grade PSAT – JHS 8 - 12
12-14	Tennis: Girls Varsity WIAA State Meet
12	Cross Country: Co-Ed Rock Valley Conference Meet
12	Soccer: Boys Varsity Rock Valley Conference Meet
13	Football: Varsity Game
14	Volleyball: Varsity Rock Valley Conference Meet
14	Swimming: Girls Varsity Invitational
16	Wisconsin Immunization Compliance Deadline
16	9th grade ACT Engage
17	Soccer: Boys Varsity WIAA Regional
17	Swimming: Girls Varsity Meet
17	Volleyball: Varsity WIAA Regional
19	Winter Sports Sign-Up Meeting (IE Time)
19	Soccer: Boys Varsity WIAA Regional
19	Volleyball: Varsity WIAA Regional
20	Football: Varsity WIAA Playoff Game
20	Wisconsin Students go to College Event
21	Cross Country: Co-Ed WIAA Sectional
21	Soccer: Boys Varsity WIAA Regional
21	Volleyball: Varsity WIAA Regional
21-22	Harry Potter Festival
23	Board of Education Meeting (7-10pm)
23	JHS Fall Choir Concert 7pm
23	Best Buddies Pairing Party 5:30-6:30
24	NHS Induction Ceremony
24	FFA Trip to Indianapolis (FFA Convention)
26	Soccer: Boys Varsity WIAA Sectional
26	Volleyball: Varsity WIAA Sectional
26	3-Hour Early Dismissal

OCT	EVENT
27	NO SCHOOL
27	Football: Varsity WIAA Playoff Game
28	Cross Country: Co-Ed WIAA State Meet
28	Soccer: Boys Varsity WIAA Sectional
28	Swimming: Girls Varsity SLC Championship
28	Volleyball: Varsity WIAA Sectional

ACT TEST DATES 2017-18

Test Date	Registration Deadline	(Late Fee Required)
September 9, 2017	August 4	Aug 5-18
October 28, 2017	September 22	Sep 23–Oct 6
December 9, 2017	November 3	Nov 4–17
February 10, 2018	January 12	Jan 13–19
April 14, 2018	March 9	Mar 10–23
June 9, 2018	May 4	May 5–19
July 14, 2018	June 15	June 16–22

JHS Bell Schedule



JEFFERSON HIGH SCHOOL

PASSION • PURPOSE • PRIDE

700 WEST MILWAUKEE STREET, JEFFERSON, WI 53549

School Year Office Hours:
7:30am– 4:00pm

Attendance Office:
(920) 675-1115
Main Office:
(920) 675-1100



Counseling Office:
(920) 675-1126
Office Fax:
(920) 675-1120

JHS 17-18 DAILY BELL SCHEDULE

Block Schedule (Monday-Thursday)

(ODD classes meet M/W, Even classes meet T/Th)

(The first 2-3 minutes of block periods 1/2, 3/4, 6/7/8 may be used for announcements/pledge)

P1 / P2	7:45 to 9:15	(90 minutes)
P3 / P4	9:20 to 10:50	(90 minutes)
P5A Class (40)	10:55 to 11:35	P5B Lunch (30)
/ Lunch (30)	11:35 to 12:05	/ Class (90)
P6A Class (45)	12:05 to 12:50	P6B Class (90)
P7 / P8	12:55 to 2:25	(90 minutes)
Homeroom(M) or I/E Time (T,W,Th)	2:30 to 3:05	(35 minutes)

Full Schedule (Friday)

P1	7:45 to 8:28	(43 minutes)
P2	8:32 to 9:15	(43 minutes)
(Announcements 9:19)	P3 9:19 to 10:05	(46 minutes)
P4	10:09 to 10:52	(43 minutes)
P5A Class (43)	10:56 to 11:39	P5B Lunch (30)
Lunch (30)	11:39 to 12:09	Class (43)
P6	12:09 to 12:52	(43 minutes)
P7	12:56 to 1:39	(43 minutes)
P8	1:43 to 2:26	(43 minutes)
I/E Time	2:30 to 3:05	(35 minutes)

Early Dismissal / Staff In-Service

(Announcements 7:45)	P1	7:45 to 8:14	(29 minutes)
P2	8:18 to 8:42	(24 Minutes)	
P3	8:46 to 9:10	(24 minutes)	
P4	9:14 to 9:38	(24 Minutes)	
P5	9:42 to 10:06	(24 minutes)	
P6	10:10 to 10:34	(24 Minutes)	
P7	10:38 to 11:02	(24 minutes)	
P8	11:06 to 11:30	(24 Minutes)	
Lunch	11:30 to 12:05	(35 Minutes)	

2017-2018 HIGH SCHOOL CALENDAR

KEY: ○ = NO SCHOOL □ = STAFF DEVELOPMENT ▽ = EARLY DISMISSAL () = P/T CONFERENCES (Feb. Course Selection) ◇ = SPECIAL ACT SCHEDULE

2017	September	2018	February											
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
					1	2						1	2	3
3	④	5	6	7	8	9	4	5	6	(7)	8	9	10	
10	11	12	13	14	15	16	11	(12)	13	14	15	16	17	
17	18	19	▽20	21	22	23	18	19	20	21	▽22	(23)	24	
24	25	26	27	28	29	30	25	26	◇27	◇28				

*Potential Snow make-up day
Grades 9, 10, & 12:
Feb. 27- No School
Feb 28- Noon Start

2017	October	2018	March										
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7					(1)	2	3
8		10	11	12	13	14	4	5	6	7	8	9	10
15	16	17	18	19	20	21	11	12	13	14	15	16	17
22	23	24	25	▽26	(27)	28	18	19	20	21	22	23	24
29	30	31					25	(26)	(27)	(28)	(29)	(30)	31

2017	November	2018	April										
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4	1	2	3	4	5	6	7
5	6	7	8	9	10	11	8	9	10	11	12	13	14
12	13	(14)	15	16	17	18	15	16	17	18	19	20	21
19	20	21	(22)	(23)	(24)	25	22	◇23	◇24	25	26	▽27	28
26	27	28	29	30			29	30					

Grades 11 & 12:
April 23 & 24- Late Start

2017	December	2018	May											
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
					1	2				1	2	3	4	5
3	4	5	6	7	8	9	6	7	8	9	10	11	12	
10	11	12	▽13	14	15	16	13	14	15	16	17	18	19	
17	18	19	20	21	22	23	20	21	22	23	▽24	(25)	26	
24	(25)	(26)	(27)	(28)	(29)	30	27	(28)	29	30	31			
31														

2018	January	2018	June										
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	①	2	3	4	5	6						1	2
7	8	9	10	11	12	13	3	4	5	6	7	8	9
14	15	16	17	18	19	20	10	11	12	13	14	15	16
21	(22)	23	24	25	26	27							
28	29	30	31										

*Graduation Ceremony

Other Important Dates:

- Homecoming: Game- 9/29 Dance- 9/30
- Junior ACT Test- 2/27
- Spring Musical- 4/27- 4/29
- Academic Awards Night- 5/2
- Prom- 5/5
- Senior Scholarships & Soaring to Service Day- 6/1



STAY CONNECTED

