



September 2013

Dear Parents/Guardians,

This letter is to inform you that there are multiple students at Jefferson Middle School with life threatening food allergies to the following substances:

- Peanuts
- Tree nuts
- Any products produced in a facility that may have housed nuts

Exposure to these substances, through contact or ingestion, can possibly trigger a life-threatening allergic reaction that would require immediate emergency medical treatment. To provide these students a safe learning environment, we have established an "*allergy smart school*". We request your assistance in implementing the following procedures:

- **We are encouraging students to avoid eating foods that contain peanuts or tree nuts in the classroom.** These foods are not banned but we appreciate the avoidance of these foods. If students consume nut containing foods in the classroom they will be asked to wash their hands and desk areas after.
- Please use the *Preferred Nut-free Snack List* when purchasing snacks that will be shared in your child's classroom. This list specifically identifies the foods that are of relatively low risk for consumption in an allergic student's presence in the classroom. All snacks that will be shared must be in the original unopened container.
- Home-baked items are not considered safe for sharing in the classroom.
- If you choose to bring in a birthday treat, we encourage you to choose it from the *Preferred Snack List*.

We appreciate your support of these procedures. If you have any questions, please contact the school principal, or the district nurse (675-1094).